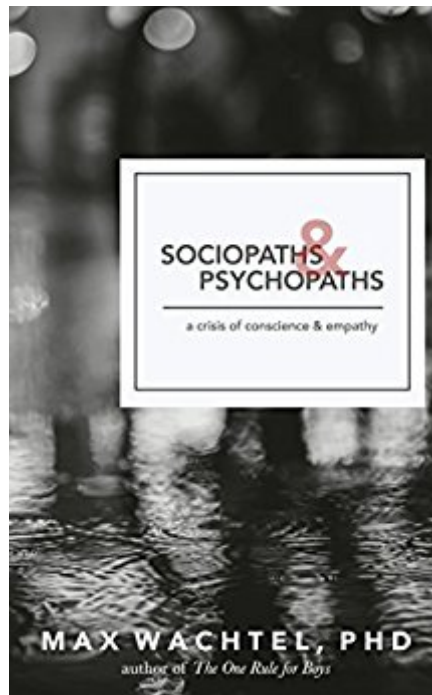




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# Sociopaths And Psychopaths: A Crisis Of Conscience And Empathy



## Synopsis

What is the difference between a sociopath and a psychopath? How many psychopaths are there in the world? Is my neighbor a sociopath? Is there such a thing as a successful psychopath? How does Antisocial Personality Disorder relate? In this book, Dr. Max Wachtel explores all of these questions (and more). He relies on the most up-to-date research to provide an intimate portrait of the sociopaths amongst us, and he uses humor to keep it moving along. This is not designed to be a self-help book... plenty of those already exist. But, if you are interested in learning about what makes a particularly devious portion of our population tick, this book is for you. You will walk away with a deep understanding of just how messed up sociopaths and psychopaths can be. You will understand the importance of empathy in our lives, and you will begin to wonder if some people truly can't help being evil. Dr. Max Wachtel is a forensic psychologist in practice in Denver, Colorado. He has evaluated thousands of criminals, including his fair share of psychopaths. He taught graduate level classes at the University of Denver for 12 years. He is also the 9News psychologist at KUSA-TV in Denver, and he is the behavioral profiler on the CBS show *Hunted*.

## Book Information

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## Customer Reviews

Dr. Max Wachtel has written another winner as far as nonfiction books go in my eyes. By far my favorite chapter in the whole book is the one pertaining to Contagious Yawning, but there is so much more information in this book than just that. I will always buy every one of Dr. Wachtel's books because he is an author and an expert I trust completely. I can't wait to see what material he intends to cover in his third book.

Thank goodness that psychopaths would seem to be rare, as the author assures us. As a lay person just trying to gain some understanding, I very much appreciate his light-handed humor. It sort of takes the edge off a terrifying reality. His "easy-reading" writing style cracks open the professional jargon and technical terms so that they make sense to someone without a background in psychology. Dr. Wachtel's humor is no mere gimmick and in no way detracts from the seriousness of his subject matter. You will come away from his book informed, not merely entertained.

I rarely give five star ratings (because, let's be honest, pairing high quality content with excellent writing is very difficult to do), but Dr. Wachtel really hit the nail on the head here. He moved beyond the stereotypes that Hollywood feeds us about psychopaths and gave compelling reasons for why psychopaths are the way that they are, as well as how they fit (or don't fit) into the fabric of society. Meanwhile, he wrote with a cheeky style that had me laughing throughout (sometimes more than I should have). This is particularly refreshing, because living in a world where Law and Order and Criminal Minds exist, I didn't want to absorb more heavy content that makes me perpetually scared to walk into a dark room or get into a taxi. Intriguing work and excellent read!

This was a very quick, engaging and somewhat humorous primer on the psychopath/sociopath, but of very limited usefulness to a mental health practitioner. It accomplishes what I believe the author intended to do, which is to help the layperson understand what makes a psycho/sociopath tick and why.

I am a retired social worker and found this book to be well written and a great reminder of some basic ideas. It was fun to read and full of information I found myself learning some new things. We

need more books like this for the public to read. I want one of attachment problem next.. my sister is a psychopath and scammed many therapy as well as ruined a lot of lives including those of her children. maybe more thoughts on what you do if you are forced to live with these people to protect yourself. over all a great book..

GREAT!!!

Brilliant. But it will make you look at your friends and family with a closer eye than normal.

Great overview to sociopathy and psychopathy! I'll be looking forward to your further publications. Your writing style makes reading a pleasure.

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